

SESSION ONE: DISAPPOINTED WITH PEOPLE

WATCH THE MESSAGE AND FILL IN THE BLANKS

INTRODUCTION:

There are three types of people: those who have been _____, those of us that are disappointed, and those of us that will be disappointed _____.

"In this world you will have trouble. But take heart! I have overcome the world." John 16:33

Disappointment means to miss an _____. Most disappointment comes from _____ expectations.

So, how will you handle disappointment when it does? It will determine the _____ of your life and the _____ of your heart.

Satan will try to disappoint you to the place where you give up on your own destiny.

Hope deferred makes the heart sick. Proverbs 13:12

It's wave after wave after wave of disappointment that erodes our hope.

_____ is the confident expectation of the goodness of God.

Hope is not anchored in the world. It's anchored in the _____ of God – that's why it never fails.

And hope does not disappoint us, because God has poured out his love into our hearts by the Holy Spirit, whom he has given us. Romans 5:5

Disappointment is meant to be a _____ emotion. Hope is meant to be a _____ perspective.

Disappointment is really just a test. It's a test to expose, reveal, and heal what's _____ inside of us.

You have a _____ and a destiny from God.

Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us. Ephesians 3:20

Every disappointment isn't a _____. It is actually a step towards our destiny.

The first test Joseph had to pass and the first test we are going to have to pass is disappointment with _____.

"Here comes that dreamer!" they said to each other. "Come now, let's kill him and throw him into one of these cisterns and say that a ferocious animal devoured him. Then we'll see what comes of his dreams." Genesis 37:19-20

There are people in your life who want to kill your dream.

So when Joseph came to his brothers, they stripped him of his robe — the richly ornate robe he was wearing — and they took him and threw him into the cistern. Now the cistern was empty; there was no water in it.

So when the Midianite merchants came by, his brothers pulled Joseph up out of the cistern and sold him for twenty shekels of silver to the Ishmaelites, who took him to Egypt. Genesis 37:23-24, 28

• RECEIVE GOD'S GRACE...FOR YOUR FAILURES

When we are disappointed with people, we need to first receive God's grace for our _____.

When you acknowledge that you hurt other people, all of the sudden you're not so _____ about how they hurt you.

"Why do you look at the speck of sawdust in your brother's eye and pay no attention to the plank in your own eye? How can you say to your brother, 'Let me take the speck out of your eye,' when all the time there is a plank in your own eye? You hypocrite, first take the plank out of your own eye, and then you will see clearly to remove the speck from your brother's eye." Matthew 7:3-5

When disappointed with people, you need to second...

• RECEIVE GOD'S GRACE ...FOR YOUR HEART

If you try to demand from people what you're supposed to receive from heaven, you will always be _____ in people.

A person can receive only what is given them from heaven. John 3:27

A hollow relationship with God will lead to a _____ relationship with people.

When disappointed with people, we need to third receive God's grace for our _____.

Now Israel loved Joseph more than any of his other sons, because he had been born to him in his old age; and he made an ornate robe for him. When his brothers saw that their father loved him more than any of them, they hated him and could not speak a kind word to him. Genesis 37:3-4

Hurting people hurt people.

Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres. 1 Corinthians 13:4-7

Maybe if we would give the grace we want them to give us, we wouldn't be so disappointed.

• SHARE YOUR HEART WITH GOD

The Lord was with Joseph and he prospered. Genesis 39:2

When God is all you have, you discover that God is all you _____.

From inside the fish Jonah prayed to the Lord his God. He said: "In my distress I called to the Lord, and he answered me. From deep in the realm of the dead I called for help, and you listened to my cry. Jonah 2:1-2

The entire purpose of the pit is to draw you closer to God (see also Psalm 27:10 NIV84 and Psalm 22:5 TPT).

The Lord is close to the brokenhearted and saves those who are crushed in spirit. Psalm 34:18

When we're in a pit, we over process with people and under process with God.

• CHOOSE TO FORGIVE AND START TO HEAL

Unforgiveness steals hope.

You will never have a heart of hope with a heart of _____.

When Joseph's brothers saw that their father was dead, they said, "What if Joseph holds a grudge against us and pays us back for all the wrongs we did to him?" So they sent word to Joseph, saying, "Your father left these instructions before he died: 'This is what you are to say to Joseph: I ask you to forgive your brothers the sins and the wrongs they committed in treating you so badly.' Now please forgive the sins of the servants of the God of your father." When their message came to him, Joseph wept. His brothers then came and threw themselves down before him. "We are your slaves," they said. But Joseph said to them, "Don't be afraid. Am I in the place of God? You intended to harm me, but God intended it for good to accomplish what is now being done, the saving of many lives. So then, don't be afraid. I will provide for you and your children." And he reassured them and spoke kindly to them. Genesis 50:15-21

Here are handles, or steps, for you to be able to take in order to fully process disappointment with people:

- Forgiveness is _____ .
-
- Forgiveness is a choice, not a feeling.
-
- Forgiveness doesn't require an _____ .
-
- Forgiveness acknowledges what's been taken.
-
- Forgiveness cancels the debt and _____ the account.
-
- Forgiveness trusts God with the _____ .

Joseph is a picture of Christ.

Hope is the _____ expectation of the goodness of God despite the _____ of people yesterday.

REFLECTION QUESTIONS

- Who is disappointed by you right now? When was the last time you apologized for disappointing someone?
- Write down a time when you have been disappointed by unmet expectations. How has the revelation that only God can give you everything changed your thinking?
- When was the last time you were in a relational pit? Did you share your disappointment with God about it? Why or why not?
- If something has been taken from you, have you identified, acknowledged, and released it? If you haven't, take some time to write it out right now.

ASK, LISTEN, RESPOND

- Take some time right now to ask God what He wants to say to you.
- Spend a moment listening to His voice.
- Write down how you are going to respond to God's invitation in the space below.

MY NEXT STEP IS: