



# FACE YOUR GIANTS

DEALING WITH THE THINGS  
THAT HOLD YOU BACK

*How To Face Your Giants:*

# A MANIFESTO

**LESSON 1:  
ADMIT THERE ARE GIANTS IN YOUR LIFE**

**LESSON 2:  
REMEMBER WHO YOU ARE**

**LESSON 3:  
KNOW THAT YOUR GIANT HAS ALREADY BEEN  
DEFEATED**

**LESSON 4:  
DISCOVER AND HOLD ON TO  
THE PROMISES OF GOD**

**LESSON 5:  
BE AWARE THAT GOD IS  
WITH YOU**

**LESSON 6:  
WORSHIP IS A WARRIOR'S GREATEST WEAPON**

**LESSON 7:  
CHANGE YOUR THINKING - CHANGE YOUR  
LIVING**

**LESSON 8:  
HANG OUT WITH GIANT KILLERS**

**LESSON 9:  
GET UP AGAIN**

**\*BONUS LESSON:  
DEAL WITH YOUR GIANTS SO  
THE NEXT GENERATION  
DOESN'T HAVE TO**